



Children and Young People Scrutiny Panel

14 January 2015

Report title	Emotional and Psychological Well Being Services Strategy for Children and Young People 2013-2016	
Cabinet member with lead responsibility	Councillor Sandra Samuels Health and Well-Being	
Wards affected	All	
Accountable director	Noreen Dowd, Interim Director, Strategy and Solutions, Wolverhampton Clinical Commissioning Group.	
Originating service	Commissioning – Wolverhampton CCG	
Accountable employee(s)	Sarah Fellows Tel Email	Mental Health Commissioning Manager 01902 42573 sarahfellows2@nhs.net
Report to be/has been considered by		

Recommendation(s) for action or decision:

The Panel is recommended to:

1. Consider and comment on the update regarding the Emotional and Psychological Well Being Services Strategy for Children and Young People 2013-2016.
2. Agree to receive an updated progress report from work being undertaken by the Community Development Workers in May 2015 to scope and understand the under representation of children and young people from Black and Minority Ethnic Groups in the referrals to CAMHS.

3. Agree to receive a report from the Care Quality Commission based on the findings of an inspection of national mental health crisis care in Wolverhampton when available.

Recommendations for noting:

1. The Panel is asked to note the following progress and key next steps regarding implementation of the Emotional and Psychological Well Being Services Strategy:
 - the submission of the Wolverhampton Crisis Concordat Declaration to the National Programme.
 - Wolverhampton Clinical Commissioning Group's successful application for Children and Young People's Task Force funding to scope and develop Child and Adolescent Mental Health Service (CAMHS) TIER 4 commissioning pathways across the Black Country.

1.0 Purpose

- 1.1 The purpose of this report is to provide members of the Children and Young People's Scrutiny Panel with an update regarding progress of the implementation of the Emotional and Psychological Well Being Services Strategy for Children and Young People 2013-2016
- 1.2 The strategy includes developments that are part of HeadStart: Wolverhampton. (The aim of Headstart is primarily mental health promotion and early intervention, preventing common mental health issues becoming bigger problems later in life. It hopes to offer a more resilient future for our young people, by giving them the support and skills to cope with adversity and do well at school and in life.)

2.0 Background

- 2.1 The Emotional and Psychological Well Being Services Strategy for Children and Young People 2013-2016 was developed in June 2013. The strategy outlines the transformation of mental health service delivery in Wolverhampton for the period 2013-2016 which is key to improving the quality of life of the children and young people of our City.
- 2.2 The strategy development was informed by local data collection and analysis - which included a population based needs assessment and bench marked quantitative and qualitative activity data from stakeholder engagement (including service users, carers, people who refer into the service and providers).
- 2.3 A definition of the four tier CAMHS Framework is given below:

Tier 1: A primary level of care.

Tier 2: A service provided by specialist individual professionals relating to workers in primary care.

Tier 3: A specialised multi-disciplinary service for more severe, complex or persistent disorders.

Tier 4: Essential tertiary level services such as day units, highly specialised.

out-patient teams and in-patient units.

Key headlines included under use of services at CAMHS TIER 2 (with over use at CAMHS TIERS 3 and 4), with increasing referrals for Crisis and Home Treatment and In-patient services, in keeping with national trends.

Another key headline included the under use of specialist and non-specialist CAMHS by children and young people from Black and Minority Ethnic Groups.

2.4 In response to local needs analysis and consultation the strategy contains seven key priority areas:-

- Priority 1 Universal Services, Schools and Colleges
- Priority 2 Early Interventions and Prevention
- Priority 3 Information and Communication
- Priority 4 Vulnerable Children & Young People (including LAC)
- Priority 5 Assertive Outreach, Day Services and In-Patient Services
- Priority 6 Young Adults Service
- Priority 7 Parental Mental Health

2.5 Implementation of the strategy has also been informed by key local and national initiatives including the following:

- Clinical Commissioning Groups' Operational and Strategic Plans,
- HeadStart: Wolverhampton,
- Wolverhampton Adult Mental Health Strategy,
- Wolverhampton response to National Crisis Concordat (2014),
- Suicide Prevention Strategy for England (2013),
- Closing the Gap (2013),
- NHS England Five Year Forward View (2014)
- and the Special Educational Needs and
- Disability (SEND) reforms (Children and Families Act, 2014).

2.6 Concerns regarding the outcomes of the provision of mental health services for Children and Young People remains the subject of national scrutiny as highlighted by the NHS England Review of TIER 4 and TIER 3 CAMHS and the House of Commons Health Committee Children's and Adolescents' mental health and CAMHS Third Report of Session 2014–15.

3.0 Progress

3.1 The Emotional and Psychological Well Being Services Strategy for Children and Young People 2013-2016 outlines the vision to develop improved care pathways across health, education and social care, and improve patient and carer experience by providing ease of access to responsive services that provide care, support and intervention for children and young people aged up to 25 years.

3.2 Following initiation of the implementation of the strategy a process of service re-design has commenced with the Black Country Partnership NHS Foundation Trust (BCPFT). An Action Plan is attached as **Appendix 1**. To date care pathway and service re-design has focussed upon:

- Access into services – including development of a Single Point of Access
- Urgent care and care and support during episodes of crisis
- Development of Care Pathways which have been categorized into care constellations
- Multi-agency working across health, education and social care
- Urgent care and care and support during episodes of crisis
- Review of the current model including the Key Team
- Care Pathways for Looked After Children
- Early Intervention in Psychosis Services
- Eating Disorder Services
- Transition into Adult Services and consideration of 'all age approaches'
- Care Pathways for young people aged 18-25 years
- Care Pathways into and out of Tier 4 Services
- Neurological conditions
- Alignment with the refreshed Adult Mental Health Service Model

- Development of service standards (with West Midlands Quality Review Service WMQRS)
- Opportunities for collaborative commissioning
- Revised Service Specifications

3.3 A draft service model is in development with Black Country Partnership NHS Foundation Trust which has involved the development of care pathways in care constellations and re-specifying service models and service specifications accordingly (**see Appendix 2**). This model is currently being reviewed against the draft National Tier 3 Service Specification by commissioner and provider jointly.

3.4 In the interim non-recurrent funding has been used to 'pump prime' service developments and initiatives including increased capacity in CAMHS Crisis and Home Treatment services (CRHT), developing a Single Point of Access (SPA), increasing fidelity with the NICE Guidance model for Early Intervention in Psychosis Services (EIS) and providing additional expertise within Eating Disorder Services.

Moving forward these changes will be aligned with the service re-design and developments that are occurring as part of the Adult Mental Health Strategy implementation process and financial plan. Co-commissioning opportunities are also being explored with Sandwell and West Birmingham CCG across CAMHS to provide a Trust wide service model that can offer economies of scale and therefore some increased sustainability.

3.5 Crisis and Home Treatment and In-patient care pathways will be developed as part of the local Crisis Concordat declaration and action plan. A copy of the Wolverhampton Crisis Concordat declaration is attached as **Appendix 3**. The local Crisis Concordat Action Plan is under development and will be submitted to the National Programme by the end of March 2015.

A Care Quality Commission themed inspection of national mental health crisis care is currently being under taken. Details of the Wolverhampton inspection visit are expected shortly and will be shared with the scrutiny panel when available.

3.6 The national programme to transform the outcomes and experience for service users and carers in receipt of CAMHS is being led by the NHS England Children and Young People's Task Force, based within the Department of Health.

Wolverhampton CCG is one of eight areas across the country that has been awarded a project grant to scope potential to re-design / improve current CAMHS commissioning models, following an invitation to submit expressions of interests. The Wolverhampton project will focus on CAMHS Tier 4 and TIER 3 commissioning model/s and this will include a focus on tri-partite funded placements for children and young people that are 'out of area'. This work is being led by Wolverhampton CCG on behalf of all of the four CCGs across the Black Country. Details of the 8 successful expressions of interests including the Wolverhampton submission are included as **Appendix 4**.

3.7 Following successful submission of the HeadStart Stage Two application for BIG Lottery funding Progress should also be noted regarding HeadStart Wolverhampton pilots as follows:

- Children's 'Dragons' Den' Procurement Sessions occurred in December 2014, wherein over 45 children and young people assessed bids from potential providers for project initiatives.
- Moderating panels regarding the above will occur in January 2015 to allocate funding to successful bidding organisations. It is expected that pilot projects will be starting in February 2015 following the moderating process.
- Resilience and self-efficacy training has begun across the City's schools that are engaged in HeadStart Wolverhampton. The training has been extended to external partners including West Midlands Police and CAMHS.

3.8 In addition to the above the following key next steps should be noted:

- Scoping of gap analysis regarding services and initiatives at CAMHS TIER 2 – including how these can be aligned with the Local Authority provided Early Help service.

- Review of tri-partite funded out of area placements to inform commissioning intentions and improved processes for children and young people with complex needs and requirements that are placed 'out of area'.
- Scoping of current care pathways and initiatives regarding children and young people who display sexually harmful behaviour, to inform commissioning intentions and improve care pathways and outcomes.
- Analysis of referrals into CAMHS to further scope and understand the under representation of children and young people from Black and Minority Ethnic Groups. This work is being under taken by the Community Development Workers, based within the Joint Commissioning Unit, with colleagues in specialist CAMHS. An update on progress can be presented to scrutiny panel in May 2015
- Work with the lesbian, gay, bisexual, and transgender (LGBT) community to understand and scope the needs of young people in Wolverhampton who are questioning LGBT.

4.0 Financial implications

- 4.1 Non-recurrent funding has been used to 'pump prime' service developments and initiatives within specialist CAMHS as described above. HeadStart funding will be allocated against pilots as described above.

5.0 Legal implications

- 5.1 There are currently no legal implications to report.

6.0 Equalities implications

- 6.1 Children and Young People from Black and Minority Ethnic Groups are underrepresented in CAMHS. Other equalities potential concerns also involve care pathways for Looked after Children and young people who are LGBT. This is addressed in the Implementation Plan.

7.0 Environmental implications

- 7.1 There are currently no environmental implications to report.

8.0 Human resources implications

8.1 There are currently no human resources implications to report.

9.0 Corporate landlord implications

9.1 There are currently no corporate landlord implications to report.

10.0 Schedule of background papers

10.1 June 2013 - The Emotional and Psychological Well Being Services Strategy for Children and Young People 2013-2016 - Children and Young People Scrutiny Panel